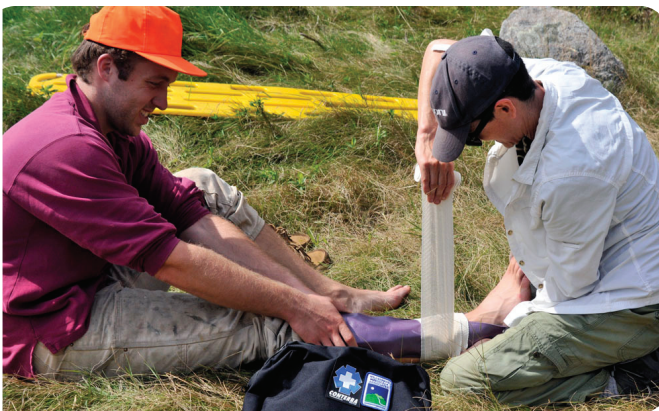




# STUDENT HANDBOOK

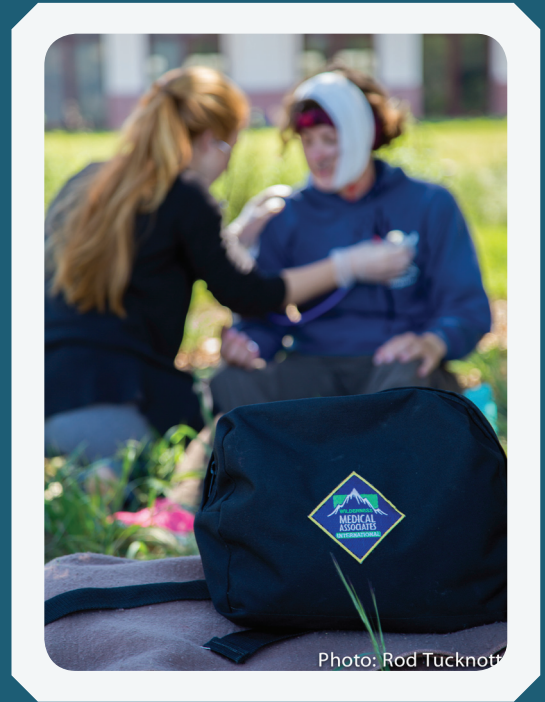
You're Registered, What's Next?



**A Guide to Course Expectations & Preparation**

# PACKING CHECKLIST

Below are the suggested items to pack, this list can vary according to the course location, weather, and season. Check with the sponsor if you have questions or concerns specific to your course's venue. This is a wilderness course so be prepared for all seasonal weather conditions and bring the appropriate clothing, footwear, and gear.



## WE SUGGEST:

- ✓ Watch with a second hand
- ✓ Clothing that's okay to rip/stain
- ✓ Appropriate footwear for site
- ✓ Notebook, pen, and pencil
- ✓ Sleeping Bag and pillow
- ✓ Current certification (recert students only)

## ADDITIONAL ITEMS:

- ✓ Backpack
- ✓ Water bottle or thermos
- ✓ Sunscreen and bug spray
- ✓ Personal medications
- ✓ First aid kit

## ENGAGE WITH SOCIAL MEDIA BEFORE THE COURSE

We strive to provide students and sponsors with online support and inter-connectivity through our website and blog, by posting relevant content on Facebook and Twitter, sharing moments from courses with photos posted by instructors and students on Instagram (#wildmed). Follow us and stay engaged from the beginning until long-after your course ends!



# PRE-COURSE PREPARATION

## READ AND REVIEW THE FOLLOWING DOCUMENTS

- ✓ [Course Participation Standards](#) and [Functional Position Description](#)
- ✓ [Indemnity Agreement](#): Please print, review, and sign the Indemnity Agreement and bring it with you to the first day of your course.
- ✓ If you are under 18, you need a signed [Consent Form](#) from a parent or guardian.

## PRE-COURSE WORK:

If you are signed up for the following courses you are required to complete pre-course work prior to arrival.



→ study guide



→ study guide, online pre-course exam



→ study guide (if recertifying)



→ study guide, practice test



→ 25 hours total: reading, study guide, and online pre-course exam



Certain courses will require either pre-course reading, study guide, and/or test. Once you are registered for one of these courses the host will send you a course ID number and password for logging into website and accessing your pre-course requirements on the [event materials webpage](#).

# RECERTIFICATION



## You want to recert your:

Choose your current WMA certificate below to see what your options are for recertifying.

Your certification will be valid for 3 years at which time you may renew by taking a recertification course. There are no extensions or grace periods. You can expect to receive your certification by the end of the course or it will be mailed priority shortly after.



Number of days/hours:

- 16 hrs | 2 days
- 24 hrs | 3 days
- 36 – 40 hrs | 4 days
- 45 hrs + 25 hrs pre-course | 5 days

→ Check out our website & online schedule to find a recertification course near you!

# WHAT TO EXPECT

→ Be Ready to Learn & Develop Confidence



- ✓ These will be long, intense days (8+ hrs) consisting of a mix of classroom lectures and hands-on training; in some cases there may be homework.
- ✓ Full-attendance is required.
- ✓ Be well-rested and prepared to focus on the course content.
- ✓ Realistic emergency simulations will be staged, complete with fake wounds and injuries. Students alternate playing the role of both rescuer and patient. These sims are meant to get your adrenaline pumping; forcing you to think critically under pressure, so you can take action in a real wilderness medical emergency.

## Contact Host for Logistics Questions

For more information on tuition, directions, parking, bedding, special dietary needs, meal times, local weather conditions, etc. please contact the course host, as these are location-specific.



Photo: Rod Tucknott